

i2a: Insight to Action

BELIEF: _____



1. **Insight:** What was your biggest insight? (or what distinction do you now see?)



2. **Impact:** If you took action on this new insight, what impact would that have on your life or business?



3. **Action:** What is the very first tiny step you will take to turn your insight into action? (And when will you do it?)

Instructions: Beliefs shape not just our business, but our life. As you listened to the episode, it's likely that one or more beliefs or insights may have popped to the surface. This worksheet is designed to help you take the inner momentum you have experienced and turn it into action – one small step can be the difference that makes the difference. Have fun!